

Appendix One: Local implications

Whilst most of the work to develop the Health Checks programme will be led nationally and will take some time to be ready for implementation, there will be some steps we can take locally to prepare to re-align the service to meet new requirements, over the short-term (2022-3) and over the longer term (the next 3 years).

Strand 1 (2022-23)	Strand 2 (2023 onwards)
<p>AIM: To lay the foundations for future change</p> <ul style="list-style-type: none">- Continue to engage in restart appetite with providers and understand workforce capacity / training requirements- Explore evidence reviews around improving take-up- Identify key links locally with Core 20+ (NHS Prevention Programme)<ul style="list-style-type: none">o Explore barriers and motivators to take-up in key target communities develop a co-production approach- Establish links and partnerships with other preventions services<ul style="list-style-type: none">o LiveWell Dorset (LWD)o Diabetes Prevention Programmeo Pharmacy CVD Management Programme- Engage /Develop/Agree a re-start plan with providers- Strengthen behaviour change focus by collecting insight on the Behaviour Change Techniques for maximising effectiveness- Prepare a digital approach with LWD to align with National plans	<p>AIM: To prepare Dorset and BCP's NHS Health Check programme to align with a new digitally informed, integrated prevention approach</p> <ul style="list-style-type: none">- Develop and agree delivery models / providers / settings- Develop a governance structure- Understand the system needs to deliver Health Checks<ul style="list-style-type: none">o Workforce capacityo What the system values about the programme- Develop appropriate performance metrics- Be ready for a digital component to the programme with connected links to LWD- Training delivery requirements in place and ready for providers- Complete accessibility review to support planning- Be ready for implementation of a new integrated prevention approach